

↑ TO UPPER VALLEY

ENTIRE SANCTUARY VALLEY:
225 HECTARES/1 SQUARE MILE
WITH 8.6KM PEST-EXCLUSION FENCE



LOWER VALLEY MAP

MAP LEGEND

Tracks

- Suitable for all**
 Suitable for: People of all abilities, including those with wheelchairs and mobility scooters.
 Tracks: Even surface, well formed with no steps or steep sections.
 1-2 hour visit: Visitor Centre to upper kākā feeders and back via Lake Rd.
- Easy**
 Suitable for: People of most ages and fitness levels.
 Tracks: Even surface, some gentle hills, may include steps and bridges.
 1-2 hour visit: Visitor Centre to upper kākā feeders, returning via Te Māhanga Track and pontoon walkway.
 2-3 hour visit: Visitor Centre to upper kākā feeders. Continue to the upper dam via Swamp Track, and return to the Visitor Centre via the suspension bridge, Beech Track, and Lake Road.
- Hiking**
 Suitable for: People with good fitness levels.
 Tracks: May be steep, rough, or slippery and include steps and bridges.
 2+ hour visit: Explore the eastern and southern ends of the sanctuary using the network of yellow-marked tracks.

- Pontoon / Bridge Steps Seats / Picnic tables

Amenities

- Toilets Drinking Water Lookout
 Cafe Information/Map Electric boat (Weather dependent)
 Gift shop Assembly Point

ZEALANDIA
TE MĀRA A TĀNE

Zealandia is smoke and vape free

In an emergency, please call: During open hours: 04 920 9213 After hours: 04 471 6870



DID YOU SEE THAT?

Our top tip to see more? Take regular breaks to stop and listen. When you hear something, look carefully and you may see it too.



TAKAHĒ

Large, flightless bird once thought extinct. Usually found in the wetlands area. Nationally critical.



HIHI / STITCHBIRD

Forest bird with upright tail. Male has black 'hood' and yellow shoulders. Nationally vulnerable.



TIEKE / SADDLEBACK

Black bird with burnt orange saddle and red wattle. Once extinct on mainland but now thriving here.



KĀKĀ

Large brown parrot with orange underwings. Loud "skaark" call. Nationally vulnerable but thriving here.



KERERŪ

Large native pigeon with bright white belly. Once rare in Wellington, now commonly seen around the city.



TŪI

Black body with white throat tuft. Songs mixed with croaks and clicks. Common throughout Wellington.



KORIMAKO / BELLBIRD

Olive green bird with beautiful melodious song. Often found at feeders. Locally rare.



KĀKĀRIKI

Bright green parakeets often seen flying above the canopy. Loud rapid chatter. Considered at risk.



PŌPOKOTEA / WHITEHEAD

Small birds with a pale head. Usually in busy flocks making loud chatter in the tree tops.



TOUTOUWAI / NORTH ISLAND ROBIN

A small round bird with upright, long legs. Often found at ground-level, searching through leaf litter.



RIRORIRO / GREY WARBLER

Tiny grey bird with a white-tipped tail. With a loud trilling call, often heard but not seen.



PĪWAKAWAKA / FANTAIL

Small bird with a long, fanned tail. Swoops and flits to catch insects. High squeaking call.



PĀTEKE / BROWN TEAL

Rare native duck with a fine white eye ring. Half the size of a mallard. Often seen at both lake ends.



TUATARA

Rare medium-sized reptile considered "living fossils". Often seen basking on sunny days in research area.



TITIPOUNAMU / RIFLEMAN

NZ's smallest bird, green with a short tail. High-pitched call. Best spotted along Te Māhanga track.



PŪTANGATANGA / TREE WĒTĀ

Large insect commonly seen in wētā hotels. Cave wētā and rare Cook Strait giant wētā are also present.